

RATHMULLAN • LOUGH SWILLY • CO DONEGAL



SEA FEST 2011

JULY 1ST 2ND 3RD

SAILING

WATERSPORTS

LOCAL FOOD

VINTAGE GAMES

WWW.SEAFESTLOUGHSWILLY.COM

CELEBRATE OUR COASTAL ENVIRONMENT

Friday 1 July

ON SHORE

6pm	THE BATTERY	Launch of Malin Waters (Invitation only)
7.30pm	CARPARK	Rathmullan 5km Road Race
9.30pm	THE BATTERY	Sunset Chorus, Colmcille Gospel Choir, all welcome

Saturday 2 July

ON THE WATER

10am–12.30pm	PIER	Lough Swilly Boat Excursion I
10am–12.30pm	BEACH AREA 3	Windsurfing, taster sessions
10am–12.30pm	BEACH BOAT LAUNCH	Sea Kayaking, taster sessions
11am	PIER	Parade of Sails
12noon–5pm	PIER	The Saldanha Cup Regatta
1pm–4pm	PIER	SeaFest Dinghy Regatta, Day 1
1pm–5pm	BEACH AREA 3	Windsurfing racing
2pm–4.30pm	PIER	Lough Swilly Boat Excursion II
7pm	THE BATTERY	Prize giving

ON SHORE

11am	RAY PICNIC AREA	Coastal Foraging with John Hanlon
11am	RATHMULLAN HOUSE	Making Minerals and Cordials
12noon–1pm	RATHMULLAN HOUSE	The Kitchen Table SeaFest Prep
12noon–6pm	BEACH AREA 1	The Landlubber's Cup (Rolling programme of race competitions)
12noon–6pm	RESOURCE CENTRE LAWN	Rolling programme of Vintage Fairground Games
12noon	FESTIVAL HQ	Historic Rathmullan Walk with Margaret Carton
12noon	BEACH AREA 2	Sandsculpting Workshop and Competition
12noon–5pm	CARPARK	Try a dive with the Sheephaven Sub Aqua Club
1–4pm, hourly	RESOURCE CENTRE LAWN	Sea Urchins Workshops <i>(duration 1 hr)</i>
1–4pm	PICNIC AREA	Pirate Walkabout & Street Circus
2pm	RATHMULLAN HOUSE	Kitchen Gardening
3pm	RATHMULLAN HOUSE	The Saldanha Story / John O'Raw
3pm	FESTIVAL HQ	Beach walk with Eoin Toomey
5pm	THE HILLY HEAD	Crab Fishing at the Hilly Head

AT THE TABLE

4.30pm–9pm	THE BATTERY	SeaFest Food
------------	-------------	--------------

At A Glance



Sunday 3 July

ON THE WATER

10am– 12.30pm	BEACH AREA 2	Paddle Boarding, taster sessions
10am – 12.30pm	BEACH BOAT LAUNCH	Sea Kayaking, taster sessions
12noon – 4pm	PIER	Sailing, Lough Swilly Regatta
1pm – 4pm	PIER	Sailing, Dinghy Regatta Day 2
1pm – 4pm	BEACH AREA 2	Paddle Board racing
1pm	PIER	Currach Racing
3pm	PIER / BEACH	Air Sea Rescue Demonstration
4.30pm	PIER	Powerboat Treasure Hunt
5pm	BEACH AREA 2	Swimming
6pm	BATTERY	Prize giving

ON SHORE

10:30am	CARPARK	Tour of An Grianán Estate
12 noon	PUTTING GREEN	Ecumenical Service
12 noon–6pm	BEACH AREA 1	The Landlubber's Cup (Rolling programme of race competitions)
12noon–6pm	RESOURCE CENTRE LAWN	Rolling programme of Vintage Fairground Games
12noon–5pm	CARPARK	Try a dive with the Sheephaven Sub Aqua Club
12noon	RATHMULLAN WOOD CARPARK	Rathmullan Wood Walk with David McNamara, OPW
1pm	RATHMULLAN HOUSE	Bus tour of the Saldanha sites with Arthur Lynch
1–4pm, hourly	RESOURCE CENTRE LAWN	Sea Urchins Workshops (<i>duration 1 hr</i>)
1–4pm	PICNIC AREA	Pirate Walkabout & Street Circus
1pm	RATHMULLAN HOUSE	Storytelling with Joe Brennan
4pm	BEACH AREA 2	Tug-of-War Open Competition

AT THE TABLE

12.30pm – 8pm	THE BATTERY	SeaFest Food
---------------	-------------	--------------



SeaFest Photography Competition The best photograph taken at SeaFest will be published on the July page of the 2012 Rathmullan Community Calendar (see local shops for the last copies of the 2011 edition). Each entrant may submit a maximum of two photographs. See www.seafestloughswilly.com for full details or visit SeaFest HQ over the festival weekend.



SeaFest T-Shirts A limited number of SeaFest 2011 T-shirts will be for sale at SeaFest HQ. Hurry to avoid disappointment!

SeaFest Traffic Advisory

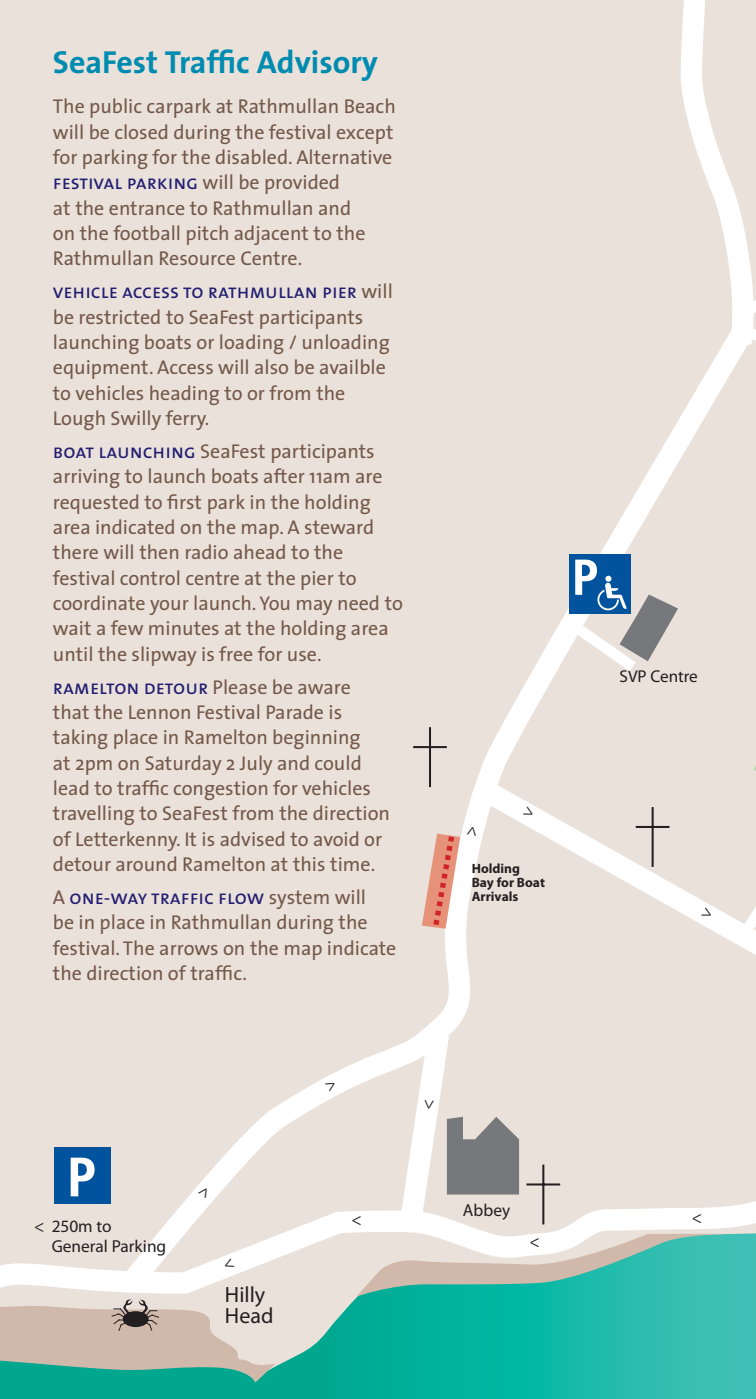
The public carpark at Rathmullan Beach will be closed during the festival except for parking for the disabled. Alternative **FESTIVAL PARKING** will be provided at the entrance to Rathmullan and on the football pitch adjacent to the Rathmullan Resource Centre.

VEHICLE ACCESS TO RATHMULLAN PIER will be restricted to SeaFest participants launching boats or loading / unloading equipment. Access will also be available to vehicles heading to or from the Lough Swilly ferry.

BOAT LAUNCHING SeaFest participants arriving to launch boats after 11am are requested to first park in the holding area indicated on the map. A steward there will then radio ahead to the festival control centre at the pier to coordinate your launch. You may need to wait a few minutes at the holding area until the slipway is free for use.

RAMELTON DETOUR Please be aware that the Lennon Festival Parade is taking place in Ramelton beginning at 2pm on Saturday 2 July and could lead to traffic congestion for vehicles travelling to SeaFest from the direction of Letterkenny. It is advised to avoid or detour around Ramelton at this time.

A **ONE-WAY TRAFFIC FLOW** system will be in place in Rathmullan during the festival. The arrows on the map indicate the direction of traffic.





Rathmullan House

Batts Walk

Ferry Gate

Beach Area 3

Beach Area 2

Beach Area 1

Picnic Area

Playground

Lifeguard

Beach Boat Launch Area

Medical Centre

Gardaí

Resource Centre Lawn

SeaFest HQ

Carpark

SeaFest Central Control

Pier Supervisor

Pier

Pontoon

Battery

Probable race start line

ON THE WATER

Sailing **KEELBOATS**

Parade of Sail **Saturday**

Enjoy the glorious colours of spinnakers flying as the competitors in the Saldanha Cup parade past Rathmullan Pier.



The Saldanha Cup Regatta **Saturday**

In commemoration of the 200th anniversary of the sinking of the Frigate, HMS Saldanha, SeaFest introduces the Saldanha Cup, a traditional-style keelboat regatta with start and finish at the pier in Rathmullan and a course taking in the site of the Saldanha wreck.

Spectator note:

The most exciting point of a regatta is the start. Don't miss it!

Lough Swilly Regatta **Sunday**

Keelboat regatta consisting of a minimum of two races around an Olympic-style course with start and finish near Rathmullan Pier. All keelboat sailing is run under the burgee of Lough Swilly Yacht Club.

Sailing **DINGHIES** **Saturday & Sunday**

The SeaFest Dinghy Regatta consists of a minimum of four races run over Saturday and Sunday around an Olympic-style course near the pier in Rathmullan. Great fun for participants and spectators alike! Run under the burgee of the Rathmullan Sailing & Watersports Club.



Windsurfing **Saturday**

Taster sessions on Saturday for anyone who would like to give windsurfing a try. No experience needed.

Windsurfing racing on a figure eight course suitable for all skill levels. Run in 8-man heats with the top 4 from each heat advancing to the next round, on through to the finals. Others go into a general consolation round. Course will be off the beach in Rathmullan. Windsurfing events run by Gartan Outdoor Education Centre.

Paddle Boarding **Sunday**



Taster sessions for anyone who wants to give paddle boarding a try. (No experience needed.)

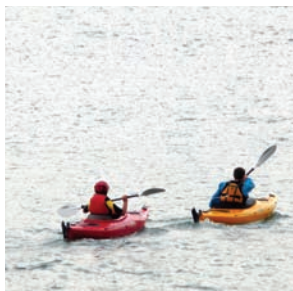
Paddle-board racing, suitable for all skill levels in heats of 4 with top two from each heat advancing to next rounds, on through to the finals. Go on, challenge your friends to a battle of the paddles! Course will be just off the beach in Rathmullan. All paddle-boarding events run by Adventure One Surf School.



Currach Racing Sunday

Skilled oarsmen in their traditional boats, carving their way through the Swilly in head-to-head competition – this is one event not to be missed!

Sea Kayaking Saturday & Sunday



Taster sessions for anyone who wants to give sea kayaking a try. *Kayaking excursion* to Ramelton with the Donegal Canoe Club to join up with the festivities of the Lennon Festival.

Lough Swilly Boat Excursions

Saturday

Historic boat tours of Lough Swilly, taking in Saldanha Head, Dunree Fort, and the stunning scenery of the Fanad and Inishowen Peninsulas. Participants will get a water-level view of the competitors in the Saldanha Cup as they battle their way up and down the lough. Maximum of 24 passengers. Cost €10. Contact Angela Crerand on 087 248 0132 to book.



Air Sea Rescue Demonstration



Sunday

Don't be alarmed if you see a rescue helicopter hovering into

view near Rathmullan Pier at about 3pm on Sunday. That's just our friends from the Irish Coast Guard and the RNLI's Lough Swilly Lifeboat carrying out an air sea rescue demonstration. Should they be called out on duty elsewhere, this event will, understandably enough, not take place.

Powerboat Treasure Hunt Sunday

Test your boating, navigation and cryptography skills in a challenging treasure hunt that will take you to all corners of Lough Swilly in search of clues and answers.



Swimming Sunday



Swimming competition for Under 12s (100 metres), Under 16s (400 metres), and an Open category (1500 metres). Courses will be set just off Rathmullan Beach. Run under the banner of the Swilly Seals Swimming Club.

ON SHORE

The Landlubber's Cup Vintage Fairground & Beach Games Saturday & Sunday

SeaFest and Earagail Arts Festival host 2 days of landlubbing vintage fairground games, beach races and sea urchin workshops on the beaches of Rathmullan — all accompanied by some very fishy storytelling characters and aquatic street circus.

On both Saturday and Sunday Ladder 13 will give you the opportunity to try out your sporting prowess in the beach-based Landlubber's Cup – competing in a variety of our hugely popular traditional games, tied to a friend in the 3-legged race, or on your own in the sack and the egg-and-spoon races.

Test your strength on the Hammer & Bell, knock the coconut from the shy or pop a sponge at your friends and family on the Peek Stall.

Sea Urchins Workshops (suitable for ages 5+) Saturday & Sunday

Let the little urchins get creative making their very own sea creatures and wacky waterborne vessels.

Pirate Walkabout Street Circus Saturday & Sunday

Be careful of your wallets and your loved ones with these stilt-walking, storytelling rogues roaming about!

Coastal Foraging Saturday

Discover the edible wonders of our coastal environment – from periwinkles to wild oysters – with foraging expert John Hanlon.

Tour of An Grianán Estate Sunday

Did you know that Ireland's largest organic farm is located on the shores of Lough Swilly? Find out



what's growing and going on at the breathtaking An Grianán Estate. The tour includes return transport to the Estate from Rathmullan (via Mini-Bus and the Ferry to Buncrana). Numbers limited. Cost €10. To book call 074 915 8188.

"Try-A-Dive" with the Sheephaven Sub Aqua Club Saturday & Sunday

Always wanted to give scuba diving a go? Now you can under the skilled guidance of the experts from the Sheephaven Sub Aqua Club and in the safe environs of the Try-a-Dive pool.



Historic Rathmullan Walk Saturday

Explore the rich heritage of this seaside village with local historian and walks specialist, Margaret Carton.



The Saldanha Story [Saturday](#)

Let John O’Raw entertain you with the gripping story and the history of the frigate, HMS Saldanha – like something straight out of Patrick O’Brian.

Tour of Saldanha Sites [Sunday](#)

You’ve heard the story, now visit the Fanad Peninsula sites connected to the history of the Saldanha on a guided tour with Arthur Lynch of the Rathmullan History Society. Numbers limited. Cost €10. To book call 074 915 8188.

Sunset Chorus

Colmcille Gospel Choir [Friday](#)

Join us at sunset in the Rathmullan Battery for 45 minutes of stunning music against a stunning backdrop.

Kitchen Gardening [Saturday](#)

Join us in the walled garden at Rathmullan House to learn the basics of growing for your own kitchen. Numbers limited.

Kitchen Table Prep [Saturday](#)

Get a behind the scenes peek as the chefs prep the food for SeaFest. Watch them fillet the fish. This is a demonstration you’ll never forget.

Sandsculpting Workshop and

Competition [Saturday](#) Pack the family and friends, the spades and shovels – or whatever your choice of sandsculpting tools might be – and come to hone and test your skills on Rathmullan’s golden sands.

Beach Walk [Saturday](#)

Learn about our coastal habitat with Eoin Toomey as you explore the rocky shore between the Hilly Head and Ballyboe. Children are encouraged to bring buckets and nets; some will also be available from Eoin.

Crab Fishing at the Hilly Head

[Saturday](#) Bring a steady hand, patience and a light touch! String and bait provided courtesy of Patton’s Butchers.

Rathmullan Wood Walk [Sunday](#)

David McNamara of the OPW introduces you to the wonderful diversity of this unique deciduous woodland.

Making Minerals and Cordials

[Saturday](#) Try your hand at concocting your own drinks!

Seaside Storytelling [Sunday](#)

Lose yourself in the imagination of talented storyteller, Joe Brennan, who turns words into fantastic worlds for audiences young and old.

Tug-of-War Open Competition

[Sunday](#) Get stuck into the sand with a few friends in a classic tug-of-war. Teams of five. Categories for mens, womens, and mixed teams (minimum of two women). All ropes and plenty of tips provided by tug-of-war experts so you’ve no excuse not to get a few mates, relatives, or fellow club members together for a team.

AT THE TABLE



Expect plenty of our coastal food culture on the table at SeaFest, fresh and 100% Donegal. Fish and shellfish from our local waters; lamb, beef and pork from our local fields – all of it turned into simply exceptional regional cuisine by our talented local chefs.

More than just great local food, you can also look forward to a helping of culinary theatre staged against the stunning backdrop Rathmullan's historic seaside Battery – pigs roasting on a spit, fish being smoked before your eyes, oysters being shucked, our chefs' skills on display.



Food will be served continually in the Battery from 4:30pm–9pm on Saturday, 2nd July, and from 12:30pm–8pm on Sunday, 3rd July. No reservations necessary. Seating, service and food – festival style. Food vouchers available for pre-sale in local shops or in the Battery during SeaFest. Menu available online at www.seafestloughswilly.com



Participating in SeaFest

Participating in SeaFest couldn't be any easier. For most activities, all you need to do is get here and join in.

Always wanted to give windsurfing a try? Not a problem. Sign up for a taster session in the Watersports Zone in the carpark in Rathmullan. Think you can out-paddle-board your friends in head-to-head competition? Get tuned up with a morning starter session before signing up on the spot for the afternoon racing.

Fancy yourself and the kids the fastest things going in a potato sack? Speed demons with an egg and spoon? Masters in the art of sandsculpting? Just bring your best game to the beach, we provide the sacks, the sand, the eggs and the spoons – all completely free of charge!

Numbers on some events however are limited and a first come, first served policy will apply. This includes event such the walks and talks, the kitchen gardening and minerals making, the storytelling and kitchen table prep.

For some events such as the Food Tour of An Grianán Estate, the Lough Swilly Boat Excursions, and the tour of the Saldanha historic sites, reservations can be made and are highly recommended. You will still be able to join these activities on the day, if space permits, but avoid disappointment by booking early. See the details under the respective listings on the programme.

Advance registration is available and encouraged for the sailing regattas, the windsurfing racing, the swimming competition, the powerboat treasure hunt, and the currach racing. Details for doing so can be found on the SeaFest website www.seafestloughswilly.com. By pre-registering you make it easier for us to more accurately plan to ensure that we have what you need in terms of secure storage space, access to the slipway for boat launching, etc.

Registration on the day of the events will still be available in the Watersports Zone in the Rathmullan carpark. Please also refer to the website for deadline details for registration on the day.

About SeaFest

SeaFest is organised by Dakview Ltd, a nonprofit community group based in Rathmullan, County Donegal. All proceeds from the event will be used to support local charitable groups and projects.

SeaFest's partner organisations include:

LOUGH SWILLY YACHT CLUB

www.loughswillyyc.com

RATHMULLAN SAILING & WATERSPORTS SCHOOL

www.rathmullansailing.com

RATHMULLAN SAILING & WATERSPORTS CLUB

www.rathmullansailingclub.com

RATHMULLAN HOUSE

www.rathmullanhouse.com

SALT N BATTER / BELLE'S KITCHEN

GARTAN OUTDOOR EDUCATION CENTRE

www.gartan.com

ADVENTURE ONE SURF SCHOOL

www.adventureone.net

RATHMULLAN CHARTERS

SEA ANGLING

www.rathmullancharters.com

EARAGAIL ARTS FESTIVAL

www.eaf.ie

THE SWILLY SEALS

www.swillyseals.ie

SHEEPHAVEN SUB AQUA CLUB

www.sheephavensubaquaclub.com

Our generous supporters

MalinWaters^o

MalinWaters is a new marine tourism brand inspired by the unique diversity that covers the shared maritime waters of Sligo, Donegal, Northern Ireland and Western Scotland – an area rich in marine activities centred on some of the world's best sailing waters.
www.malinwaters.com



Part of Donegal Creameries, Organic For Us is a delicious new range of locally produced organic yogurt and milk. Find out more on www.organicforus.ie or visit www.facebook.com/organicforus



The finest quality Irish salmon produced in harmony with Donegal's pure natural environment.
www.donegalsilver.com

www.seafestloughswilly.com

GENERAL INFORMATION: 087 231 4332



SeaFest is supported by Malin Waters, part-financed by the European Union's European Regional Development Fund through INTERREG IVA Cross-Border Programme.